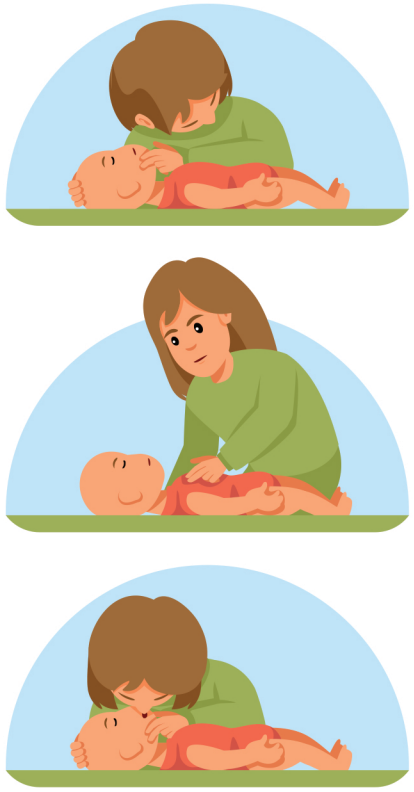
RESUSCITATION

Ensure Safety for Self & Others
Dial Triple Zero (000)
For an Ambulance

DRSABCD RESPONSE

INFANTS UNDER 1 YEAR



DANGER
Check for hazards & ensure safety.

RESPONSE
A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

SEND FOR HELP
Call the ambulance - 000.

AIRWAY
Open to check breathing.

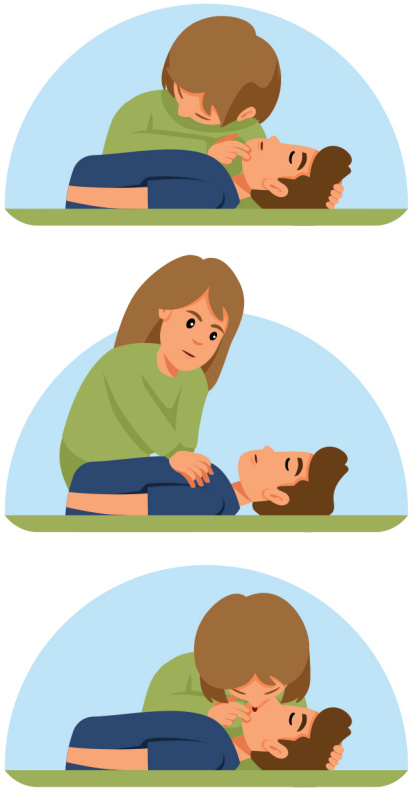
BREATHING
If the casualty is not breathing OR breathing abnormally, start CPR.

CPR
30 Compressions: 2 Breaths.
(if unwilling or unable to do breaths, ensure compressions only).

DEFIBRILLATE (AED)
As soon as available, follow the prompts.

SIGNS & SYMPTOMS
Unconscious, not responding, not breathing normally, or not breathing at all.

ADULTS & CHILDREN



CPR DETAILS

	INFANTS UNDER 1 YEAR	ADULTS & CHILDREN
Open Airway	Neutral head	Head tilt/chin lift
Press with?	2 Fingers	2 Hands
How hard?	1/3 chest depth approx 4 cm	1/3 chest depth approx 5 cm
Breath pressure?	Puffs	Full breaths
How many?	30 Compressions : 2 Breaths	
How fast?	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit:
www.resus.org.au

CONTINUE CPR / DEFIBRILLATION
Until responsive or normal breathing returns, or help arrives.

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